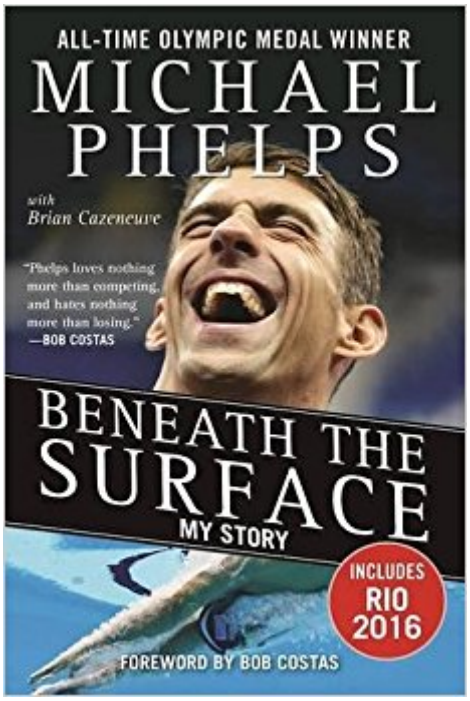
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# Beneath The Surface: My Story




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## Synopsis

Prepare to peek into the mind of a champion, known as the most decorated Olympian of all time with 28 medals, including 23 gold, with this newly updated edition of Michael PhelpsÃ¢â ¬â„¢s autobiography, Beneath the Surface. In this candid memoir, Phelps talks openly about his battle with attention deficit disorder, the trauma of his parentsÃ¢â ¬â„¢ divorce, and the challenges that come with being thrust into the limelight. Readers worldwide will relive all the heart-stopping glory as Phelps completes his journey from the youngest man to ever set a world swimming record in 2001, to an Olympic powerhouse in 2008, to surpassing the greatest athlete of ancient Greece, Leonidas of Rhodes, with 13 triumphs in 2016. Athletes and fans alike will be fascinated by insights into PhelpsÃ¢â ¬â„¢s training, mental preparation, and behind-the-scenes perspective on international athletic competitions. A chronicle of PhelpsÃ¢â ¬â„¢s evolution from awkward teenager to record-breaking powerhouse, Beneath the Surface is a must-read for any sports fan.

## Book Information

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## Customer Reviews

Michael Phelps is the most decorated Olympian of all time. He is a member of the U.S. menÃ¢â ¬â„¢s swim team and has competed in the 2016 Summer Rio Olympics. Phelps is considered to be one of the greatest swimmers in history, with 28 total Olympic medals, including 23 gold. Brian Cazeneuve is a writer at Sports Illustrated, where he has been covering the Olympics since 1995. His freelance work has appeared in numerous national publications, including Time, People, the New York Times, the Washington Post, NBC Sports, and others. Bob Costas is one of AmericaÃ¢â ¬â„¢s most well-known sportscasters. He began his career as a student announcer

before joining NBC Sports in 1980. He has been the host of eleven Olympic games and can be seen regularly hosting The NFL on NBC.

This is a great book. Lots of great detail about his life and Olympic career. IF you're a Phelps fan, get this book!

This book definitely exceeded my expectations, especially one centered around a sports figure. I thoroughly enjoyed it from start to finish.

This is a great book for swimmers who are actively swimming toward their goals. Good for teen and advanced preteen readers.

This was a gift I gave and don't know how good it is.

The book is really good because you get to know a lot about MP. I'm disappointed about this edition, because it says it includes London 2012 but that's not true. The books finishes before Beijing. It only includes a list of all the medals won by MP including London 2012.

Enjoyed this book very much. Michael tells an inspiring account of his journey to the gold medals and his relationship with his Mother. Highly recommend it!

Very interesting reading.

Enjoyed this book immensely.

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